

Medical Disclaimer

The information presented herein is for educational purposes only and is not intended to diagnose or prescribe for any medical or psychological condition, nor prevent, treat, mitigate or cure such conditions.

The information contained herein is not intended to replace a one-on-one relationship with a physician or qualified healthcare professional.

Therefore, this information is not intended as medical advice, but rather a sharing of knowledge and information based on research and experience.

Please make your own healthcare decisions based on your judgment and research in partnership with a qualified healthcare professional.

Please do not stop, adjust or modify the dose of any prescription medications without the direct supervision of your healthcare provider.

If you are at risk of suicide, homicide, other harm, or injury please call 911 or the local emergency number in the country where you reside. If you are a resident of the United States, you can also reach out to the National Suicide Prevention Lifeline at 800-273-8255. Please know that you are not alone.